

## CLARIFICATION

This document clarifies the deductions for the execution of the “cheated” mapes and the pumping in spins for all NATIONAL grades of Freeskating. It supports the information that came out in the recent ART NEWS FLASH.

## EXECUTION OF THE MAPES JUMP

Deductions will be made in all National grades of freeskating(except for Tiny Tots) for “cheated” mapes.

**The penalty for FAIR and BAD execution of the mapes is 0.2 per execution.**

This penalty will be made by the Referee of the event.

Please see below for the description of GOOD, FAIR and BAD execution of the mapes.

### **FIRS Freeskating rule FR 6.10.03**

#### **TOE-LOOP (MAPES)**

The **GOOD** execution of the element:

A Toe Loop (Mapes) performed with a turn of the toe stop of no more than one-quarter of a rotation or less, whilst the employed foot is on the floor and the body position is a maximum of one-quarter turned without opening the left arm/shoulder. This will be given full value and considered a good execution.

The **FAIR** execution of the element:

A Toe Loop (Mapes) performed with a turn of the toe stop of more than one-quarter of a rotation whilst the employed foot is on the floor, and the body position is a maximum of one-quarter turned without opening the left arm/shoulder.

The **BAD** execution of the element (Open Toe Loop)

A Toe Loop (Mapes) performed with a turn of the toe stop of more than one-quarter of a rotation whilst the employed foot is on the floor and the body position is turned more than one-quarter and the left arm/shoulder is open

## PUMPING IN SPINS

Deductions will be made in all National grades of freeskating(except for Tiny Tots) for pumping in spins.

**The penalty will be 0.2 per execution.**

Please see below for the description of PUMPING in spins

### **FIRS Freeskating rule FR6.10.01 SPINS**

#### **General**

All spins performed with additional hitching (entrance, change of positions or change of foot) of the employed foot (“pumping”) will be considered poor quality spin. This penalty will be made by the Referee of the event

## **PUMPING IN SPINS AND EXECUTION OF THE MAPES – INTERNATIONAL REGULATIONS**

Deductions in all international grades for the “cheated” mapes and pumping in spins will be as per the current international rules which can be found in the current NZ Schedule

## **GENERAL OBSERVATIONS**

In a number of grades over the Area Championships judges have observed many FAIR and BAD executions of the mapes jump. This is particularly noticeable in the younger age grades including Novice. This is the area in which it is essential that this jump is taught correctly. Please talk to the **High Performance Coaching Commission** if you have any queries about teaching the correct technique.

Also at the Northern Area Championships, there were a number of penalties deducted for pumping in spins. This was particularly prevalent once again in the younger grades and Novice grade. In some instances it was clear that skaters were being taught pump camels when they had been unable to master the execution of a clean upright spin. Once again if you have any queries regarding this please contact the **High Performance Coaching Commission**.

Yours in skating

Jane

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