

LA VISTA CHA-CHA

Modified for solo dance ONLY

MUSIC:	Cha-Cha 4/4 Counting 1-2-3-4	TEMPO:	100
PATTERN:	Set	START:	Step1, Count #1

DANCE NOTES

- a. In La Vista Cha-Cha 18 steps complete one sequence of the dance.
- b. There are no optional steps for this solo dance. All skaters will skate the 32 beat pattern.
- c. Steps 1 and 6 are outer forward cross rolls. The take-offs are crossed-foot crossed tracing and close.
- d. Steps 2 and 7 are crossed chasse steps. The take-offs must be crossed foot, crossed tracing and close.
- e. Step 11 and 12 are outer forward cross rolls. The take-offs must be crossed-foot, crossed tracing and close.
- f. Steps 11 and 12 are a Cha-Cha tuck. The free leg extends to the rear on count #1 of the step, tucks in behind the employed leg on count #2, and then extends to the rear again on count #3.

COMMON ERRORS

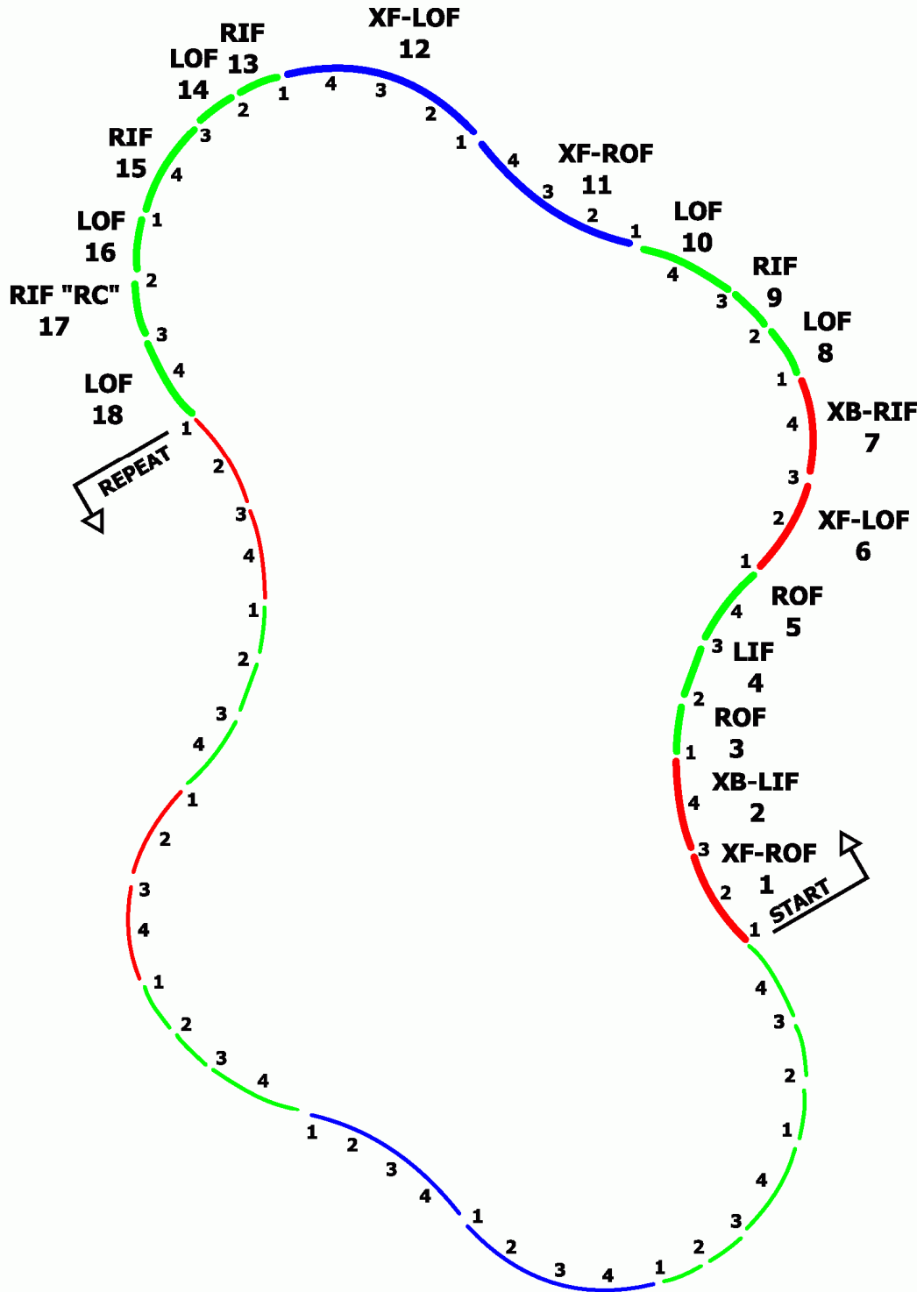
1. Poor timing
2. Back and forth rocking motion on cross-rolls and crossed chasses.
3. Step 11 will slow down causing the skater to lunge.

GENERAL

When skating SOLO DANCE good timing is expected while showing the character of the rhythm. Very good skating skills will help in achieving the overall flow, while executing the fundamentals and technical requirements of the dance. Good posture baseline and carriage should be maintained at all times. A much higher reward will be given to the skater who "skates" the dance and has mastered all components as opposed to the skater who simply steps through the dance and shows very poor skating skills.

LA VISTA CHA CHA

Modified for Solo Dance Pattern 2



COLOUR KEY: Levels of Difficulty	
MAJOR: Most Important	(Red)
MEDIUM: Very Important	(Blue)
MINOR: Important	(Green)