

## NON WORLD SKATE DANCES 2023

### HICKORY HOEDOWN

MUSIC: Country Western Hoedown 4/4                      TEMPO: 104 beats per minute  
PATTERN: Set    START: Step 1 on count #1  
HOLDS: Foxtrot, Kilian & Waltz  
COMPETITIVE REQUIREMENTS: 4 sequences

The music for the Hickory Hoedown should be derived from formal square dancing and convey the feeling of country western style.

For **Steps 1-17a, 22 and 23**, the couple may skate these steps in either Foxtrot or Kilian position. **Step 1** LFO (2 beats) is a stroke in the direction of the long side barrier, followed by **Step 2** Ch RFI (1 beat) and **Step 3** LFO (2 beats) finishing in the direction of the long axis.

**Step 4** LFO (2 beats) is a stroke in the direction of the long side barrier, followed by **Step 5** Ch LFI (1 beat) and **Step 6** RFO (2 beats) finishing in the direction of the long side barrier.

**Step 7** LFO (1 beat), **Step 8** Run RFI (1 beat) and **Step 9** LFO (2 beats) are a sequence of runs that initially aim towards the long side barrier and finish towards the long axis.

**Step 10** XR RFO (1 beat) is a cross roll to the outside edge.

**Step 11** DpCh LFI (1+1+1 beat) is a dropped chasse that curves parallel to the long axis. During this step, the free leg extends in front for 1 beat, then bends and crosses at the knee for 1 beat. The foot of the free leg should travel back past the skating knee, then the free leg extends forward again for 1 beat.

**Step 12** RFO (1 beat), **Step 13** Run LFI (1 beat) and **Step 14** RFO (2 beats) are a sequence of runs that initially begin parallel to the long axis and finish perpendicular to it.

**Step 15** XR LFO (1 beat) is a cross roll to the outside edge.

**Step 16** DpCh RFI (1+1+1 beats) is a dropped chasse that curves parallel to the long side barrier. During this step, the free leg extends in front for 1 beat, then bends and crosses at the knee for 1 beat. The foot of the free leg should travel back past the skating knee, then the free leg extends forward again for 1 beat.

**Step 17a** LFO (1 beat) and **Step 17b** Ch RFI (1 beat) for the man is a stroke and a chasse. **Step 17** LFO – 3t (1+1 beats) for the lady is a stroke, followed by a 3 turn on the 2nd beat of the step. During the man's chasse and the lady's 3 turn, the couple assume Waltz position.

**Step 18** LFO – Sw for the man and **Step 18** RBO – Sw for the lady (2+2 beats) both begin parallel to the short side barrier and finish perpendicular to it. The free legs swing through on the 3rd beat of the step.

**Step 19** RFO – 3t (1+1 beat) for the man and **Step 19** LBO (2 beats) for the lady aim in the direction of the long axis. The man's 3 turn is performed on the 2nd beat of the step.

**Step 20** LBO – Sw for the man and **Step 20** Mk RFO – Sw (2+2 beats) for the lady both curve towards the short side barrier. The free legs swing through on the 3rd beat of the step.

**Step 21** RBO (2 beats) has an optional free leg movement. **Step 21a** LFO (1 beat) and **Step 21b** Ch RFI (1 beat) for the lady begin to curve around the 3rd lobe of the dance.

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**Step 22** Mk LFO for the man and **Step 22** LFO for the lady (1 beat) bring the couple back into Foxtrot or Kilian. The hold for **Steps 22 and 23** must be the same as the initial hold for **Steps 1-17a**.

**Step 23** Run RFI (1 beat) concludes the sequence of the dance.

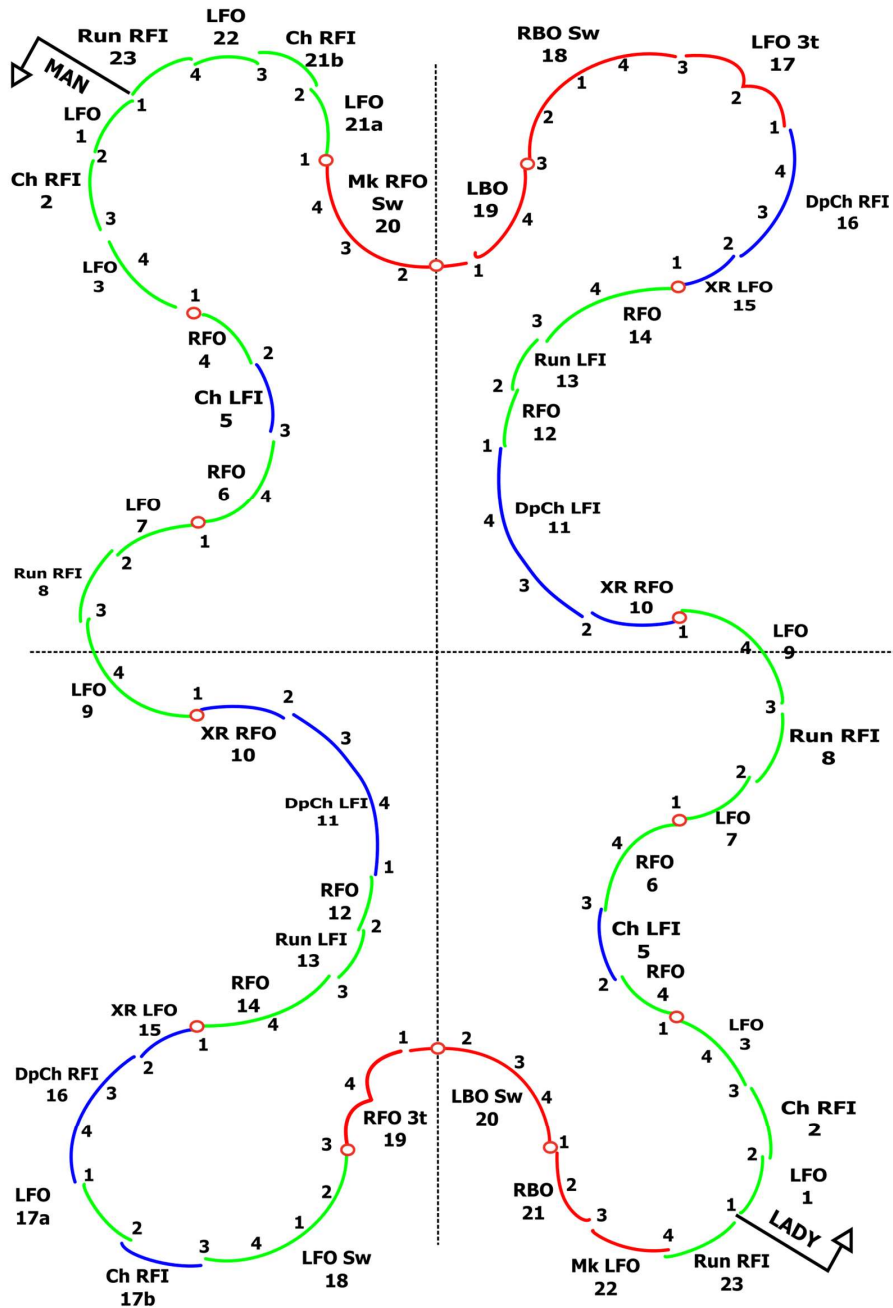
### HICKORY HOEDOWN – KEY POINTS

1. **Step 5 Ch LFI** (1 beat) for both: correct technical execution of the chasse on an inside edge, with a clear lift from the floor.
2. **Step 10 XR RFO** (1 beat) for both: correct technical execution of the cross roll, immediately transferring to an outside edge.
3. **Step 17b Ch RFI** for the man (1 beat) and **Step 17 LFO-3t** for the lady (1+1 beat): correct technical execution of the chasse on an inside edge, with a clear lift from the floor; correct technical execution of the 3 turn on the second beat of the step and not hopped.
4. **Step 20 LBO-Sw** for the man and **Step 20 Mk RFO-Sw** for the lady (2+2 beats): correct technical execution of the swing, performed as a stroke with a swing of the free leg on the 3rd beat of the step, without deviation from the outside edge; correct technical execution of the waltz position with correct tracking and unity during the free leg movements.

Hickory Hoedown (couples)						
Hold	Step Number	Man's Steps	Musical Steps			Ladies Steps
Foxtrot/Kilian	1	LFO		1		LFO
	2	Ch RFI		1		Ch RFI
	3	LFO		2		LFO
	4	RFO		1		RFO
	5	Ch LFI		1		Ch LFI
	6	RFO		2		RFO
	7	LFO		1		LFO
	8	Run RFI		1		Run RFI
	9	LFO		2		LFO
	10	XR RFO		1		XR RFO
	11	DpCh LFI		1+1+1		DpCh LFI
	12	RFO		1		RFO
	13	Run LFI		1		Run LFI
	14	RFO		2		RFO
	15	XR LFO		1		XR LFO
	16	DpCh RFI		1+1+1		DpCh RFI
Waltz	17a	LFO	1		1+1	LFO 3t
	17b	Ch RFI	1			
	18	LFO Sw		2+2		RBO Sw
	19	RFO 3t	1+1		2	LBO
	20	LBO Sw		2+2		Mk RFO Sw
	21a	*RBO	2		1	LFO
21b				1	Ch RFI	
Foxtrot/Kilian	22	Mk LFO		1		LFO
	23	Run RFI		1		Run RFI

\*The movement of the free leg is optional

# HICKORY HOEDOWN



COLOUR KEY: Levels of Difficulty	
MAJOR: Most Important	(Red)
MEDIUM: Very Important	(Blue)
MINOR: Important	(Green)